

Before & After School Programs

Extended Day • Clubs & Enrichment



The Honor Roll School

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Fall 2026

A Place to Grow:

Where learning continues beyond the school day

Our Before & After School Programs offer students enriching opportunities for discovery and exploration before and after the normal school day hours. These programs provide numerous options for fun while also reinforcing the essential lessons and values taught throughout the school day.



Extended Day

Our Extended Day program allows busy working families the flexibility to drop-off before the school day starts and pick-up after the normal dismissal time. Our program is organized into five subject areas that are designed to provide your child with opportunities to learn valuable life skills, and to reinforce the skills they're learning during the school day, while providing plenty of time for fun with friends.

Program Details:

- Hours: 7:00 – 6:00 pm
- Nutritious meals and snacks to help children form healthy eating habits
- Dedicated and specially trained staff members with experience in working with older children.
- Facilities

Clubs & Enrichment

Our Clubs and Enrichment Programs are great ways for your child to expand on their interests or pursue new passions. These can be added in conjunction with our Extended Day Program or independently. This program offers families an opportunity to enroll their student in one or more days of after school activities without leaving the convenience of our campus.

Program Details:

- Hours: Varies by Club & Enrichment
- Dedicated and specially trained staff members in specialty area.
- Facilities
- Special Program



Extended Day

Extended Day

Our program is organized into five subject areas that are designed to provide your child with opportunities to learn valuable life skills and to reinforce the skills they're learning during the school day.



Students explore the exciting world of science, technology, engineering, art and math (STEAM) through building projects, experiments, and design challenges. Sharing ideas, asking questions, and making predictions are encouraged!



Robust outdoor free play and structured games help students learn sportsmanship and develop their physical strength and endurance. Students learn critical thinking and problem solving by participating in board games and team challenges with their peers.



Students express themselves by participating in hands-on visual arts, including photography, videography, drawing, and painting. Students develop planning skills by working on long-term projects with their peers and can participate in group performances or discussions.



Social and emotional growth is nurtured through student and teacher led activities that promote a feeling of community and belonging. Students learn through open-ended activities that give them a chance to apply problem-solving skills and collaborate with friends.



Some students appreciate the chance for independent activities or study after a long day at school. We provide a quiet place to work on homework, read, journal, or seek academic support from peers and teachers. Students can also work on various projects in this small group setting.



Clubs & Enrichment



Mandarin

We are excited to offer our **Afterschool Mandarin Program for students in Kindergarten through 4th Grade (K–4)**. Our classes are designed to provide a fun, engaging, and structured learning experience for students of different proficiency levels. Students will be placed in classes based on their current Mandarin ability to ensure they receive instruction that best supports their learning and growth.

Beginner and Intermediate classes focus on developing a strong foundation in Mandarin through age-appropriate lessons that emphasize listening, speaking, reading, and writing. Students will build practical language skills through interactive games, songs, stories, conversations, and hands-on activities, while progressing through clearly defined language proficiency levels.

Advanced Classes will focus on leveled Chinese reading, helping students strengthen reading comprehension, expand vocabulary, and develop communication skills while maintaining their interest and confidence in learning Chinese. Through engaging stories and meaningful discussions, students will continue building their language proficiency in an enjoyable and natural way.

Our experienced Mandarin teachers create a supportive and encouraging learning environment where children gain confidence in using Mandarin while developing an appreciation for Chinese language and culture.

Grades:

Kindergarten – Beginner: Monday & Wednesday
 Kindergarten – Intermediate: Tuesday & Thursday
 Grades 1–4 – Beginner: Tuesday & Thursday
 Grades 1–4 – Intermediate: Monday & Wednesday
 Grades 1–4 – Advanced: Tuesday & Thursday
Time: 3:00 PM – 4:00 PM

Weeks Offered: August 17th – December 3rd

Instructors: Mr. Tran, Mrs. Jean, & Mrs. Wu

Cost: \$550

Register on the THRS App

Spectacular Spellers

Ready for spelling adventures? Expand your child's spelling superpowers by joining our fun and engaging Spelling Club. Our Spelling Club turns learning into play! Join Ms. Le and play exciting games, complete fun challenges, and boost your confidence all while achieving spelling success.

Grades: 1st – 3rd

Weeks Offered & Time: Mondays from 3:30 – 4:40 starting August 24th – November 30th

Cost: \$450

Instructor: Ms. Le

Register on the THRS App

Debate and Public Speaking

Build confidence, strengthen communication skills, and learn to think critically in our **Debate & Public Speaking Club!** Students will develop persuasive speaking, active listening, and respectful debate techniques through fun, interactive activities and discussions. This club is designed to help students strengthen the skills needed for **PSIA Auditory competitions**, including Impromptu Speaking, Oral Interpretation, Storytelling, Listening Skills, and other speech events. Whether preparing for competition or simply becoming a more confident speaker, students will gain valuable skills that will benefit them in the classroom and beyond.

Grades: 5th – 8th

Weeks Offered & Time: Tuesdays from 3:30 – 4:40 starting September 1st – October 6th

Cost: \$250

Instructor: Mrs. Howard

Register on the THRS App



CG Arts

Welcome to Art Classes with Cecilia and Guillermo! We offer our students a complete and challenging ART program that includes acrylic on canvas, oil pastels, watercolors, mixed media, crafts in 3D, and high relief artwork.

TK & Kindergarten

When: Thursdays

Time: Group 1: 3:00 - 4:00

Group 2: 4:15 - 5:15

Fee: \$704/Fall semester (the price includes a \$20 fall semester registration fee)

Classes Start: Thursday, August 13th, through December 17th.

1st Grade and Up

When: Tuesdays

Time: Group 1: 3:00 - 4:15

Group 2: 4:15 - 5:30

Fee: \$704/Fall semester (the price includes a \$20 fall semester registration fee)

Classes Start: Tuesday, August 11th, through December 15th.

Instructors: Cecilia and Guillermo

Contact: cg_arts@hotmail.com or 832-451-8011



Cook Learn Grow

Spark your child's love for cooking with CookLearnGrow's afterschool skill-based program! Hands-on classes teach seasonal recipes, kitchen skills, and teamwork—all in a fun, confidence-building environment.

- **TK – 4th:** 3:30–4:30 PM – *Ideal for budding chefs!* Students will build culinary confidence as they learn essential skills through tasty, age-appropriate recipes.

Classes Start: Thursday October 1st – November 19th

Cost: \$385

Register Here: [Click HERE to Register for TK-4th grade CookLearnGrow @ THRS](#)



Align Mind

TK, Pre-K & Kindergarten (2:30–3:15 PM)

Through imaginative stories, movement, and mindfulness, our youngest students build confidence while discovering healthy ways to move, breathe, and connect with themselves. Build confidence and independence through play. Practice calming breaths for everyday moments. Strengthen coordination, balance, and body awareness

Grades 1–4 (3:15–4:00 PM)

As academic and social expectations grow, students learn practical tools to stay focused, navigate challenges, and recharge throughout the school year. Reset after a busy school day. Build resilience through challenges and change. Strengthen focus, self-awareness, and healthy coping skills

Middle School (Grades 5–7) (4:00–5:00 PM)

A space designed specifically for tweens to decompress, reset, and develop lifelong wellness habits as school, activities, and social pressures continue to increase. Manage academic and social pressures with greater ease. Prevent stress from becoming burnout. Build habits that support balance, confidence, and long-term well-being

Tuition

Semester: \$330

Early Bird: \$299 through Monday, August 3 with promo code WELCOMEBACK

Register Here:

<https://kara.corsizio.com/event/6a5e8ee46905bd52ff25ea9c>

Weeks Offered: Friday, August 21st - December 18th



Soccer Stars

Soccer Stars is a fun program designed to introduce students to basic skills they need to become a junior athlete. Upbeat music, fun games, sports equipment and an introduction to team strategies are all part of this program.

Tuesdays \$375 per semester

Weeks Offered: August 10th – December 10th

PK/Toddlers 2:20-2:50

Kinder – 2nd 3:00-3:30

TK 3:35-4:05

Instructor: Coach Jessica Turner

Contact: futureallstarsoftexas.com

Future Allstars

Future Allstars is a sports immersion program that introduces students to a variety of sports and activities. The goals are to build fine and gross motor skills, as well as establish confidence and self-esteem through personalized training.

Thursdays \$375per semester

Weeks Offered: August 10th – December 10th

PK/Toddlers 2:20-2:50

Kinder – 2nd 3:00-3:30

TK 3:35-4:05

Instructor: Coach Jessica Turner

Contact: futureallstarsoftexas.com

Fit and Kick Taekwon-Do

The only certified International Taekwon-Do Federation School in Fort Bend County. We focus on discipline and character development, and stress practical self-defense skills and correct technique. Taekwon-Do is for function, not for show. Long term, dedicated students have the opportunity to compete Nationally and Internationally.

Monday and Wednesday

Grades and Times: PK & TK @ 2:25 - 3:05

Elementary & MS from 3:30 - 4:10

**Later times will be available for extended day students, Middle School, and Advanced ranks (TBA)

Weeks Offered: August 17th – December 14th

Instructor: Ms. Alyssa

Cost: \$250 / month

Register Here: Registration is by Semester @ https://fitandkickstandardregistration.formstack.com/forms/offsite_registration

August and December will be pro-rated.

Rhythm Dance

Preschool Dance - Mondays @ 2:45pm or @ 3:15 (TK)

Our Preschool Dance classes inspire a love for movement through music, imagination, and creative play. In a nurturing and encouraging environment, young dancers build confidence while developing coordination, balance, rhythm, and foundational dance skills. Each class is thoughtfully designed to keep little ones engaged through age-appropriate instruction, interactive activities, and imaginative themes that make learning fun. Along the way, dancers also strengthen listening skills, classroom readiness, teamwork, and self-expression—creating a joyful foundation that extends beyond the dance floor.

Register Here: Group 1 @ 2:45pm-

<https://portal.iclasspro.com/rhythm/class-details/4>

Register Here: Group 2 (TK) @ 3:15pm -

<https://portal.iclasspro.com/rhythm/class-details/70>

Dance Academy - Thursdays at 3:30pm

Our Dance Academy program is designed for students ready to build a strong technical foundation while growing as confident, expressive performers. With instruction rooted in encouragement and excellence, dancers develop the skills needed to progress in their dance journey while continuing to experience the joy of movement. This semester, dancers will explore Jazz and Lyrical, learning age-appropriate technique, flexibility, musicality, and performance quality through engaging, structured classes. Students will develop fundamental skills including jumps, turns, balance, body alignment, and across-the-floor progressions, while strengthening coordination, rhythm, and control. As dancers advance throughout the season, they'll also build pattern recognition, memorization, and improvisation skills, encouraging creativity, confidence, and artistic expression. Every class is thoughtfully designed to challenge students at their individual level while celebrating progress every step of the way.

Recitals & Performances

We celebrate our dancers with two performances each year:

-  Winter Showcase
-  Spring Recital

Register

Here: <https://portal.iclasspro.com/rhythm/class-details/27>

Rhythm Gymnastics

Preschool Gymnastics - Thursdays @ 2:45pm

Our Preschool Gymnastics classes encourage children to move, explore, and grow through purposeful play in a fun and supportive environment. Designed specifically for young learners, each class helps build confidence while developing the fundamental movement skills children need for an active, healthy lifestyle.

Through age-appropriate obstacle courses, circuits, and guided activities, students practice jumping, rolling, balancing, climbing, swinging, hanging, and introductory inversions while improving strength, coordination, flexibility, and body awareness. Every lesson is thoughtfully designed to challenge children at their own pace, celebrate progress, and make movement exciting.

Beyond physical skills, our classes nurture listening, problem-solving, perseverance, and self-confidence—helping children develop the courage to try new things both inside and outside the gym.

Whether they're mastering their first forward roll or confidently balancing on a beam, every child is encouraged to learn, grow, and celebrate each success along the way.

Register Here:

<https://portal.iclasspro.com/rhythm/class-details/108>

Fence for Fun

Strategy, athleticism, agility and speed are all, part of the Olympic sport of fencing. As a classic sport with history, drama and style it excites the imagination and builds self-confidence. Our classes are structured in a fun and captivating manner for both the first-time fencer and the advanced fencer. As one of the largest fencing Academies in the Houston and surrounding areas teaching the sport for over 35years, we have produced local, regional, and national champions. Our after school and in school classes have been in districts such as Houston, Pasadena, Fort Bend, Cypress-Fairbanks, The Woodlands, Alief, Spring Branch, and Deer Park. Our 23,000 square foot facility has hosted both local and regional tournaments that have been sanctioned by the United States Fencing Association. Our coaches have themselves been exceptional fencers and have participated in the "Safe Sport Program " of the US Olympic Committee.

2nd – 4th Grade

Day and Time: Friday 3:00 – 4:00

5th – 8th Grade

Day and Time: Friday 4:00 – 5:00

Weeks Offered: August 28th – December 4th

Cost: \$350 per semester

Register on the THRS App

THRS Junior Athletics

1st Quarter

Junior Basketball \$140/sport
2nd-4th grade

Friday

August 28th – October 16th (2 dates not on Friday)

3:30 pm - 4:30 pm

2nd Quarter

Junior Soccer \$140/sport
2nd-4th grade

Wednesday

October 21st – December 16th

3:00 pm - 4:00 pm

Junior Flag Football \$140/sport
2nd-4th grade

Friday (2 dates not on Friday)

October 23rd – December 17th

3:00 pm - 4:00 pm

Register Here:

jotform.com/app/213206087978161/page/166

Quarter 3 and 4 - will be announced at a later day



Young Engineers

Learn engineering and robotics through fun, hands-on projects. NO SCREENS USED! Young Engineers will be offering 2 programs this year: Level 1 is Bricks Challenge and Level 2 Galileo Technique. Kids will work on a different project every week!

Bricks Challenge (1st-4th grade): An educational program that introduces children to the principles of STEM and basic subjects of classical mechanics through the use of building blocks and mechanical parts. Offered Monday/Wednesday/Thursday (choose one day) 3pm-4:15pm. \$135 per month (10-month program).

Galileo Technique (2nd-4th grade): An advanced program that delves deep into comprehensive mechanical engineering principles, allowing students to explore new engineering terms through building complex models.

Grades: 1st – 4th

Weeks Offered & Time:

Monday/Wednesday/Thursday (choose one day) 3:00 PM – 4:15 PM

Cost: \$135/month (10-month program)

Instructor: Ms. Balouchestani

Register Here:

<https://sugarland.youngengineers.org/location-and-program/>

Code Ninjas: Robotics League

A hands-on STEM after-school program where students build and program robots while developing problem-solving, engineering, and coding skills in a fun, engaging environment.

Program Highlights: Build & Code Robots: Learn how robots move, sense, and interact with the world
Hands-On Tech Projects: Explore sensors, and block-based coding

Small Class Sizes: More personalized attention = better learning

Expert Instructors: Our qualified Code Senseis guide every step

STEM-Focused Curriculum: Boosts problem-solving, logic, and creativity

Grades: Kinder – 8th

Time: 3:30 – 4:30

Weeks Offered: September 14th – April 12th

Register Here:

<https://cn.mystudio.io/m/?urlparams=CNRiverstoneTX/127/2762/43670/1784396133>