



Counselor's Corner

Introducing Mrs. Romo, THRS School Counselor

Welcome back to school! For those of you who are new to THRS, welcome to the Dolphin family! It's hard to believe we are about to embark on another school year. I hope you had an enjoyable summer and were able to spend quality time with your family.

My name is Elizabeth Romo and I will be your child's school counselor. I can often be found in the mornings greeting our students throughout the different buildings. I am available daily to help students, parents and teachers. I will be consulting with teachers throughout the year to help provide the

best school program for your child.

As part of my comprehensive school counseling program, I will be conducting classroom guidance lessons every other week in K-4, once a month for 6th-8th grade and weekly for 5th grade. My lessons will address the personal/social, academic and career domains as developed by the American School Counselor Association.

I will run a variety of groups throughout the year. Some of my groups include: school success, anger management, social skills and friendship groups. I am available for individual counseling as needed. When necessary I may ask for additional

information regarding your child. Please be aware of my sincere respect for confidentiality in these matters. The individual and small group counseling I provide do not replace outside counseling services. These are offered as support, not therapy.

Students can request to see me by filling out a counseling form in their classroom or by stopping by my office. Parents and teachers can also request I speak with their child. When I meet with students I help them recognize and accept their feelings and use problem solving skills. I utilize various mediums such as drawing, talking, puppets,

Self-Control
Excellence
Honesty
Respect
Responsibility
Courteous

School Counselor Contact Information

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games and role playing to help them work out their problems or concerns. I help address many issues such as: family changes, loss, friendship issues, school and behavior concerns.

This school year K-8 will be following the Second Step Program. With this program, we will focus on 4 big units: Skills for Learning, Empathy, Emotion Management, and Problem Solving. I will also be teaching a Bullying Prevention Unit. Through your child's

homeroom teacher at the elementary level, you can expect to receive Home Links that allows parents and students make connections outside of the school. I am so excited for all the great things that are planned!

If you have any concerns, please do not hesitate in contacting me.

