

The Honor Roll ECP: November 2018

As Prepared by The Healthy Lunch Box (281)444-8444

Monday		Tuesday		Wednesday		Thursday		Friday																																																																																																												
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<p>5</p> <p>L: Spaghetti & Meatballs, Marinara Sauce, Iceberg & Celery Salad w/Italian Dressing, Garlic Bread, Apple Slices, Beverage</p> <p>Veggie Sub: Veggie Crumbles</p>		<p>6</p> <p>L: Beef Taco, Cheese, Romaine Salad w/Ranch Dressing, Pinto Beans, Banana, Beverage</p> <p>Veggie Sub: Oomph Crumbles</p>		<p>7</p> <p>L: Honey BBQ Boneless "Wings", Broccoli Salad, Celery, Ranch Dressing, Brownie, Beverage</p> <p>Veggie Sub: Veggie Nuggets</p>		<p>8</p> <p>L: Chicken Nuggets, Corn Niblets, Roll, Orange Slices, Beverage</p> <p>Veggie Sub: Veggie Nuggets</p>		<p>9</p> <p>L: Cheese Pizza, Garden Salad, Ranch Dressing, Cookie, Beverage</p>																																																																																																												
<p>12</p> <p>L: Diced Chicken Breast w/Sauce, Seasoned Rice Medley, California Blend Vegetables, Apple Slices, Beverage</p> <p>Veggie Sub: Oomph Crumbles</p>		<p>13</p> <p>L: Spaghetti Lasagna, Sugar Snap Peas, Garden Salad w/Ranch Dressing, Garlic Bread, Banana, Beverage</p>		<p>14</p> <p>L: Breakfast for Lunch- Pancakes, Syrup, Scrambled Eggs, Turkey Bacon, Fresh Orange Slices, Beverage</p> <p>Veggie Sub: Diced Hashbrowns</p>		<p>15</p> <p>L: Thanksgiving Feast! Turkey w/Sauce, Cranberry Sauce, Mashed Potatoes, Green Bean Casserole, Roll, Beverage</p> <p>Veggie Sub: Veggie Nuggets</p>		<p>16</p> <p>L: Cheese Pizza, Romaine Salad w/Ranch Dressing, Jello, Beverage</p>																																																																																																												
<p>19</p> <p>L: Tangy BBQ Chicken, Ranch Style Beans, Potato Salad, Bread Slice, Apple Slices, Beverage</p> <p>Veggie Sub: Veggie Nuggets</p>		<p>20</p> <p>L: Turkey & Cheese Roll, Goldfish, Banana, Beverage</p> <p>Veggie Sub: Garden Patty</p>		<p>21</p>		<p>22</p>		<p>23</p>																																																																																																												
<p>26</p> <p>L: Grilled Chicken Strips, Mac & Cheese, Broccoli, Roll, Apple Slices, Beverage</p> <p>Veggie Sub: Veggie Nuggets</p>		<p>27</p> <p>L: Philly Steak Bun w/Provolone Cheese, Seasoned Diced Potatoes, Green Beans, Banana, Beverage</p> <p>Veggie Sub: Garden Patty</p>		<p>28</p> <p>L: Breakfast for Lunch- French Toast, Syrup, Scrambled Eggs, Turkey Sausage, Cantaloupe, Beverage</p> <p>Veggie Sub: Diced Hashbrowns</p>		<p>29</p> <p>L: Shredded Chicken Soft Tacos, Iceberg Lettuce, Diced Tomatoes, Black Beans, Mexican Rice, Fresh Orange Slices, Beverage</p> <p>Veggie Sub: Oomph Crumbles</p>		<p>30</p> <p>L: Cheese Pizza, Garden Salad, Ranch Dressing, Chocolate Chip Cookie, Beverage</p>																																																																																																												