

The Honor Roll ECP: January 2019

As Prepared by The Healthy Lunch Box (281)444-8444

Monday	Tuesday	Wednesday	Thursday	Friday																																																	
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<i>7</i> Holiday Care! L: Diced Chicken Breast w/Sauce, Seasoned Rice Medley, California Blend Vegetables, Apple Slices, Beverage Veggie Sub: Ooumph Crumbles	<i>8</i> L: Cheesy Baked Rigatoni, Sugar Snap Peas, Garden Salad w/Ranch Dressing, Garlic Bread, Banana, Beverage	<i>9</i> L: Breakfast for Lunch- Pancakes, Syrup, Scrambled Eggs, Turkey Bacon, Fresh Orange Slices, Beverage Veggie Sub: Diced Hashbrowns	<i>10</i> L: Fried Chicken Strips, Mashed Potatoes, Gravy, Green Beans, Roll, Oatmeal Cookie, Beverage Veggie Sub: Veggie Nuggets	<i>11</i> L: Cheese Pizza, Romaine Salad w/Ranch Dressing, Jello, Beverage																																																	
<i>14</i> L: Tangy BBQ Chicken, Ranch Style Beans, Potato Salad, Bread Slice, Apple Slices, Beverage Veggie Sub: Veggie Nuggets	<i>15</i> L: Turkey & Cheese Roll, Goldfish, Banana, Beverage Veggie Sub: Garden Patty	<i>16</i> L: Chicken Nuggets w/Gravy, Mashed Potatoes, Sweet Peas, Roll, Cantaloupe, Beverage Veggie Sub: Veggie Nuggets	<i>17</i> L: Fettuccine Alfredo w/Grilled Chicken, Mixed Vegetables, Fresh Orange Slices, Beverage Veggie Sub: Ooumph Crumbles	<i>18</i> L: Cheese Pizza, Garden Salad, Ranch Dressing, Strawberry Cake, Beverage																																																	
<i>21</i>	<i>22</i> L: Philly Steak Bun w/Cheese, Seasoned Diced Potatoes, Green Beans, Banana, Beverage Veggie Sub: Garden Patty	<i>23</i> L: Breakfast for Lunch- French Toast, Syrup, Scrambled Eggs, Turkey Sausage, Cantaloupe, Beverage Veggie Sub: Diced Hashbrowns	<i>24</i> L: Shredded Chicken Soft Tacos, Iceberg Lettuce, Diced Tomatoes, Black Beans, Mexican Rice, Fresh Orange Slices, Beverage Veggie Sub: Ooumph Crumbles	<i>25</i> L: Cheese Pizza, Garden Salad, Ranch Dressing, Chocolate Chip Cookie, Beverage																																																	
<i>28</i> L: Spaghetti & Meatballs, Marinara Sauce, Iceberg & Celery Salad w/Italian Dressing, Garlic Bread, Apple Slices, Beverage Veggie Sub: Veggie Crumbles	<i>29</i> L: Beef Taco, Cheese, Romaine Salad w/Ranch Dressing, Pinto Beans, Banana, Beverage Veggie Sub: Ooumph Crumbles	<i>30</i> L: Honey BBQ Boneless "Wings", Broccoli Salad, Celery, Ranch Dressing, Brownie, Beverage Veggie Sub: Veggie Nuggets	<i>31</i> L: Chicken Nuggets, Corn Niblets, Roll, Orange Slices, Beverage Veggie Sub: Veggie Nuggets	<div style="border: 1px solid black; padding: 5px; width: fit-content;"> <p>Feb 2019</p> <table border="1"> <tr><td>M</td><td>T</td><td>W</td><td>T</td><td>F</td><td>S</td><td>S</td></tr> <tr><td></td><td></td><td></td><td></td><td>1</td><td>2</td><td>3</td></tr> <tr><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td></tr> <tr><td>11</td><td>12</td><td>13</td><td>14</td><td>15</td><td>16</td><td>17</td></tr> <tr><td>18</td><td>19</td><td>20</td><td>21</td><td>22</td><td>23</td><td>24</td></tr> <tr><td>25</td><td>26</td><td>27</td><td>28</td><td></td><td></td><td></td></tr> </table> </div>	M	T	W	T	F	S	S					1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28										
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